



Southeast Missouri State University  
Recreational Sports Department

One University Plaza - Cape Girardeau, MO 63701-4799 - (573) 651-2000 - <http://www.semo.edu>

**CLIMBING WALL WAIVER/RELEASE OF LIABILITY**

I, the undersigned, realize and agree the use of the climbing wall is potentially dangerous and that bodily injury or death could occur. My participation is voluntary and I attest I will abide by the safety policies, commands, and instructions of the University instructors and guides. I further attest I will use the wall in a safe, controlled manner and will not exceed my capabilities. I am in good health, not pregnant, and able to undertake participation in the climbing wall. In consideration of the foregoing, I for myself, administrators, and assignees, do hereby release and discharge Southeast Missouri State University and all instructors, guides, personnel, and co-sponsors involved from all claims of damage, demands, and causes of action, in any manner arising out of my participation in this climbing activity.

I hereby consent to first aid, emergency medical care, and, if necessary, admission to any accredited hospital for executing such care for treatment of injuries I may sustain while participating in this activity.

\_\_\_\_\_  
Name of Participant - Please Print

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant (Parent/Gurdian if participant is under 18 years of age)

Climbing Wall Information

All climbers must abide by the Student Recreation Center rules and follow the recommendations and requests of the staff.

Clean, non-marking athletic or climbing shoes must be worn.  
Open-toed shoes, socks, or bare feet are prohibited.

Rings or jewelry are not allowed. Long hair is to be tied back when necessary.

**NO LOOSE CHALK.** Chalk balls and rosin bags are acceptable.

**ANY INJURY THAT HAS BLOOD PRESENT MUST BE CLEANED AND BANDAGED BEFORE PARTICIPATING. THIS INCLUDES DRIED BLOOD AND SCABS.**